

Grimsbury Newsletter

Winter 2021

Following the amazing community fun day in the Bridge St Community Garden this October half term and seeing so many Grimsbury residents enjoying themselves it's great to have the autumn edition of the Grimsbury newsletter with us to find out more of what's happening locally. The newsletter is all about giving local community groups and organisations a place to promote opportunities, events and share good news stories, we really hope you find the publication useful and find out about a new group along the way.

Jon Wild – Community Development Manager. Cherwell District Council

East Street

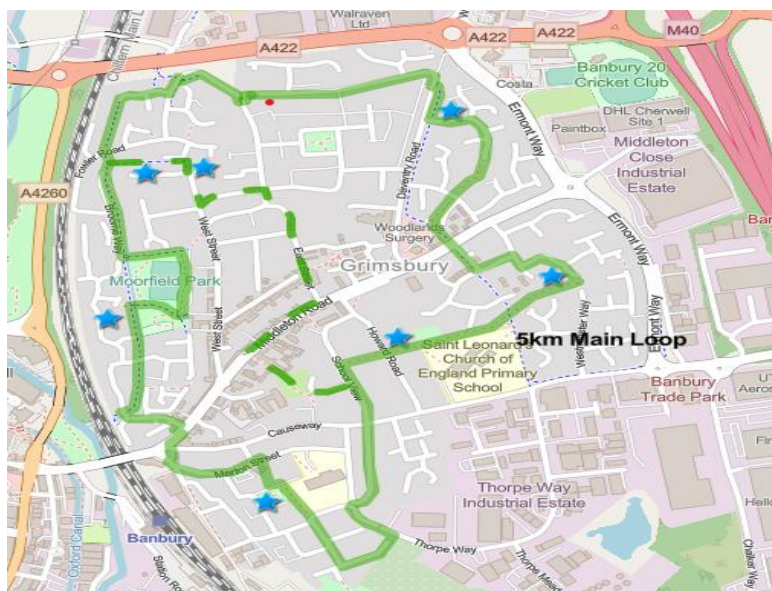
Curiosity Play – every **Monday** 10am – 12 noon. A session playing with real objects rather than plastic toys. £2 per family.

Wednesday morning Baby Group – 10am – 12 noon. £1.50 per family includes refreshments. Come and join us to play, chat, make new friends.

Messy Play Sessions - every **Friday** 10am – 12 noon. £2 per family. Under 5's

To book a place on any of these sessions please email rachelgilkes@eseey.uk or phone 01295 257100

New Walking Route around Grimsbury – you may have noticed strange markings on pavements and wondered what they are – well there is now a new 5k health walk through the area which connects St Leonard's School and the Dashwood Academy to Moorfield Park.



Grimsbury Community Hall

Starting in early 2022 we are keen to build on the range of activities already offered at Grimsbury Community Hall. We will be working with Activate Learning (Banbury & Bicester College) to support some new courses at minimal cost.

Pottery, Art, Tai Chi

Interested? Tell us today!

Email:

grimsburycommunity@btinternet.com with your details and which activity you are interested in. We will send more details and any costs nearer the time. Registration essential. Places limited.

No email? No worry

Leave a message with your name, phone number and course preferences

Tel: 07483 160 272

Food availability in Grimsbury

Saturday – Mosque (referral only – from Citizens Advice)

Thursday – additional collection from 10am-12 noon for any resident in receipt of Universal Credit

The Community Fridge – this is open from 8am – 4pm. It works on 'a little for everyone' and users are asked not to take more than they need for the day.

Home-Start Banbury, Bicester & Chipping Norton

We are a registered charity, located at Britannia Road Children's Centre, offering support to local families with at least one child under the age of 5 years.

Home-Visiting:

Our main work is a home-visiting scheme. We train volunteers to offer non-judgemental, confidential emotional support, friendship and practical help to families. Home-Start volunteers are parents themselves or have parenting experience—so know how hard it can be and will be able to understand what families are going through. Volunteers visit the families in their home – usually once a week, for 2-3 hours. This support continues for as long as a family needs it.

Everyone needs a bit of help sometimes... all parents need help, friendship or support during those early years when children are young, particularly if your family is going through difficult times. Home-Start can help provide the support you need, enabling day-to-day family life and your children's future to become so much brighter. If you think we may be able to help, please contact us to find out more.

Stay & Play Sessions:

Our term-time Stay & Play sessions in Banbury are held on Wednesdays and Thursdays between 9:30 – 11:30am. We are currently asking families to book before arriving at a session so that we can keep the number of families attending at a safe number.

Volunteer:

If you have some time to spare and would like to help to support local families, please get in touch. We have a range of volunteer opportunities including weekly home-visiting, monthly Stay & Play support or occasional fundraising roles.

Find out more:

If you have any questions, please telephone 01295 266358 or email info@home-startbanbury.org.uk for more information.

Website: <https://www.home-startbanbury.org.uk/>

To receive our quarterly newsletter: <https://home-startbanbury.org.uk/enewsletter/>

Facebook: www.facebook.com/homestartbcn

Twitter: [@HomestartBCN](https://twitter.com/HomestartBCN)

Instagram: <https://www.instagram.com/hsbbcn/>

St Leonards Church

Christmas Carol Service – 4pm December 19th

Seated Exercise every Monday at 11.30am – new members welcome after Christmas (starting 10th January)
It's Good to Talk – second Saturday of every month at 10.30am – open to all. We follow the NHS 5 tips for wellbeing and can cater for primary age children.
January sees us hoping to reinstate the Monday Social Lunch club and start a new 'Fun and Games' club – this will obviously depend on any Covid restrictions, but we are keeping our fingers crossed.

Finally, many of you will know that Rev Sue Burchell passed away unexpectedly in August – there will be a memorial service in the New Year – details are being finalised.

Other news:

New website for Grimsbury Community Association www.grimsburycommunitycentre.co.uk

Life Saving Defibrillator now available at Grimsbury Community Hall



Banbury Young Homeless Project (BYHP)

A new project – Mental Wealth Academy has recently been nominated for the Children and Young People Now 'Mental Health and Wellbeing Award'. Everyone has fingers crossed that they get the recognition they deserve.

We have a number of new team members and placement counsellors who have joined us recently and everyone is grateful that our services are now operating in the new normal – online and face to face.

One of our supporters has entered BYHP into Bloxham St Mary's Church Christmas Tree competition – the theme is Christmas Carols, so we are getting creative with our tree decorations.

As usual this Christmas, we will be putting hampers together for our service users – if you have any Christmas treats or new toys that you would like to donate, do please drop them down to us at Chandos Close.

Bridge Street Community Garden (OX16 5QF) will be running a series of events, workshops and gardening sessions over winter. We are part of Banbury Community Action Group and are looking to engage individual volunteers, community groups, and schools who are willing to help us grow a Food Forest Garden in raised beds. No previous experience required. To get involved please email banburycag@gmail.com or follow us on social media.

